THE SPA
AT CHÂTEAU ÉLAN
DISCOVER THE SPA
at Château Élan

Enter the peaceful oasis that is the Spa at Chateau Elan, offering a serene sanctuary for both overnight and day guests, the expansive Spa Mansion overlooks a sparkling lake and is surrounded by lush green lawns and flowering shrubs.

We invite you to arrive early for your spa treatments and to linger afterwards – giving yourself ample time to enjoy our fitness classes, indoor saltwater pool, hot tub, tranquil nature paths and luxurious men’s and women’s locker rooms, each with steam room and sauna.

Experience innovative, multi-sensory treatments that refresh and rejuvenate the body, mind, and soul while staying true to the elements of our environmental surroundings.
Spa facilities include:

- Spa Whirlpool
- Dry Sauna
- Wet Eucalyptus Steam Room
- Indoor Swimming Pool with Resistance Jets
- Outdoor Sun Deck
- Locker Room with Finishing Stations
- Robe and Slippers for use while in the Spa Facilities
- Snack & Beverage Bar with Fruit Infused Water
- Fitness Center and Fitness Classes
- Afternoon Tea from 4pm - 5:30pm
- Please note our Spa facilities are 18+
Couples Experiences

The lavish couples suites at the Spa at Château Élan were created for individuals who want it all. Designed for ultimate relaxation and indulgence, each couples suite features a two person rain shower and side-by-side deluxe spa treatment beds. In addition, some suites also feature a deep soak air jet tub and intimate dining area for two.

Couples Suite Romantic Journey (4 Hours)

Your journey will include refresher facials, a full-body exfoliation performed in tandem, and a Château Swedish Couples Massage orchestrated side-by-side. Finish with a couples bath experience in a deep soak air-jet tub surrounded by candlelight.

Relax with a gourment spa lunch served in-suite. Alone time is provided where you can enjoy quiet time over a bottle of Moët Chandon and chocolate dipped strawberries. Take home two luxurious signature spa robes to remember your time together.
Seasonal Rendezvous for Two (3 Hours)

Take time away with your loved one to revitalize your skin and soothe away stress. The Seasonal Spa Rendezvous for Two begins with a relaxing foot bath ritual; an aromatic fragrance delight. Following the ritual you will receive a relaxing full body scrub. Enjoy our deluxe rain shower for two before melting into a full-body massage orchestrated side-by-side. You will also get to enjoy precious alone time together, in a candle lit bath accompanied by a chocolate delight and a glass of bubbly.
Decadent Duet (3 Hours)

Your time together will begin with an indulgent 80 minute Château Swedish Couples Massage orchestrated side-by-side. Following your massage, enjoy a relaxing candlelit bubble bath in a deep soak air-jet tub where you will have time alone to enjoy a bottle of bubbly and sumptuous chocolate truffles.

A gourmet spa lunch served at a romantic table for two in the Fleur de Lis restaurant will complete your time together.

Château Aromatherapy Couples Massage Experience

(110 Minutes)

This therapeutic treatment starts with an invigorating salt glow to exfoliate dry skin cells and improve circulation followed by a gentle rinse in one of our luxurious rain showers for two. Then relax with a customized Couples Massage using natural aromatic oils to enhance relaxation through the senses of smell and touch.
Château Euphoria Couples Massage (110 Minutes)
Enjoy a custom massage of your choice performed side-by-side with your loved one. Methods that may be integrated include Swedish, Deep Tissue, Hot Stone Therapy, Stretching and other therapeutic techniques.

Château Elite Couples Massage (80 Minutes)
*Hot Stone or Deep Tissue*
A therapeutic and rejuvenating massage for two using either warm Basalt stones or deep tissue techniques to intensely soothe tired, aching muscles and aid relaxation.

Château Swedish Couples Massage (80 or 50 Minutes)
Swedish massage for two in our candlelit couples suite.

Château Customized Couples Facial (80 Minutes)
Purify, hydrate, brighten and smooth your complexion with a custom facial for two. In addition enjoy an indulgent hand, arm, face, neck, shoulder and foot massage. This pampering experience will leave you in a state of bliss.
The Spa at Château Élan offers only the highest quality products. In our skincare and body wellness treatments, we use wine-based products that provide an antioxidant boost to keep your skin healthy and radiant.
MASSAGE THERAPY

Massage is one of the oldest and simplest forms of therapy and has been used for centuries to induce benefits of well-being and improve circulation. Our professional therapists will create a massage experience to relax, restore and refresh tired muscles and minds.

Château Euphoria Massage (110 or 80 Minutes)
Enjoy a custom massage of your choice performed side-by-side with your loved one. Methods that may be integrated include Swedish, Deep Tissue, Hot Stone Therapy, Stretching and other therapeutic techniques.

110 minutes includes a Deluxe Scalp Treatment.

Château Elite Massage (80 or 50 Minutes)

Hot Stone or Deep Tissue
A therapeutic and rejuvenating massage using either warm Basalt stones to aid relaxation. Alternatively, you can choose a deep tissue technique that uses a firm massage to stretch and relax tense muscles and relieve discomfort due to stress or injury.

Château Swedish Massage (80 or 50 Minutes)
Unwind and de-stress with this relaxing traditional massage using light to moderate pressure and a blend of essential oils to melt away tension. Ideal for anyone wanting to escape the strains of their everyday world.

Reflect on the spiritual senses delivered by a team of professionally trained therapists and surrender your body to a selection of enlivening treatments designed to relax and rejuvenate.
Château Aromatherapy Massage Experience

(110 or 80 Minutes)

Start with an invigorating salt glow to exfoliate dry skin cells and improve circulation. After relaxing with a gentle rinse in one of our rain showers, unwind and de-stress with a custom aromatherapy full-body massage using natural aromatic oils to enhance relaxation through the sense of smell and touch.

Antioxidant Soak & Massage Experience (110 or 80 Minutes)

Compliment your Swedish massage experience with a luxurious Château Élan wine bath infused with the antioxidant power of grape seeds to soak your tension away. Hydrotherapy treatments are an integral part of a spa journey, offering a calming and centering experience like no other.
Reflexology (80 or 50 Minutes)

This ancient form of healing allows you to relax into a deep state of calm. Application of pressure points to the feet restores the flow of energy. At the same time, thousands of nerve endings in the feet are energized, thus enhancing the activity of the body via the nervous system. The 80 minute massage includes an invigorating scrub.
**Skin Care**

Choose from a wide range of skincare treatments to add health, beauty and youth to your bodies’ most delicate surface. Experience customized facials designed to leave you feeling refreshed and relaxed as well as delivering visible results to your skin.

All facials include a skin analysis, cleansing, exfoliation, extractions if necessary, massage, mask and hydration by a highly educated and experienced licensed esthetician.

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**HydraFacial MD Treatment**

*(30, 55 , 80 Minutes or Red Carpet 110 Minutes)*

HydraFacial is an advanced medical-grade skin care treatment that targets fine lines and wrinkles; oily and congested skin; rosacea and hyperpigmentation. It softens the appearance of large pores, improves skin texture and tone, and helps to repair existing sun damage. Recommended for all skin types.

Treatment series recommended for optimal results.
Château Euphoria Facial (110 or 80 Minutes)

Includes either a microdermabrasion treatment or chemical facial peel with an oxygen blast. The perfect duo to exfoliate and hydrate the skin to reveal a revitalized you. Your skin will emerge deeply hydrated, youthful and glowing with a noticeable reduction in fine lines and wrinkles.

Château Elite Facial (80 or 55 Minutes)

Experience a luxurious custom facial with your choice of either a microdermabrasion treatment or a chemical facial peel for added results.
Château Customized Facial ( 80 or 55 Minutes )

A customized facial using either an anti-aging or acne remedy or a corrective service to repair out-of-balance skin such as acne, dehydration, rosacea or sensitivity. Restore skin's vitality and reveal a bright smooth and radiant youthful looking complexion.

Skin Care Add-Ons

_available during a skin care treatment only._

- Facial Waxing
- Lash or Brow Tinting
- Eye or Lip Treatment
- Microdermabrasion Hands or Décolleté
Body Wellness Rituals

Enhance your well-being with wraps, masques, and body treatments. Select from a variety of services to refresh your body and soul, the perfect antidote for the stresses of modern life. Body treatments are designed not only to encourage rejuvenation and longevity but to cleanse, detoxify and nourish the skin.

Château Winery Ritual (110 Minutes)

Experience an indulgent wine bath that infuses the body with the antioxidant and anti-aging power of grape seeds. Reveal your smoothest, softest skin with a crushed grape seed scrub. To complete your treatment, a De-Vine Mud Wrap provides exceptional purification for the entire body.
DETOX. HEAL. REBALANCE.

De-Vine Mud Body Wrap (80 Minutes)
This full body treatment combines crushed grape seed and French Clay masque to detoxify while moisturizing naturally with a penetrating oil high in vitamins E and C. Deeply cleanse, refine and nourish your body with this results driven body treatment.

Château Winery Harvest Crush (50 Minutes)
Our signature scrub. Red wine grape seeds slough away dead skin leaving a rejuvinating grape seed oil on the body to moisturize and restore your natural glow.

Upgrade with a Vichy Shower.

Château Salt Glow (50 Minutes)
Using the finest of salt grains combined with a silky rice bran oil, this body exfoliation will reveal your smoothest skin ever. Afterwards, the skin will be rehydrated with a deeply nourishing moisturizer application.

Upgrade with a Vichy Shower.
WHETHER YOU ARE SEEKING A QUIET DAY OF LUXURIOUS PAMPERING, A ROMANTIC GETAWAY OR AN AFTERNOON WITH FRIENDS, THE WORLD-CLASS CHÂTEAU ÉLAN SPA IS A TRANQUIL ESCAPE YOU WON’T SOON FORGET.
Nail Care
All nail care services include a soak, exfoliation, massage and polish.

Nail Care Treatments

- Euphoria Pedicure (80 Minutes)
- Seasonal Pedicure (50 Minutes)
- Cabernet Hot Stone Pedicure (50 Minutes)
- Château Spa Pedicure (50 Minutes)
- Men’s Foot Grooming (50 Minutes)
- Seasonal Manicure (50 minutes)
- Gel Polish Manicure (50 Minutes)
- Cabernet Hot Stone Manicure (50 Minutes)
- Bourbon MANicure (50 Minutes)
- Château Spa Manicure (50 Minutes)

Add-Ons
Available during a nail care treatment only.

- Anti-Aging Hand Treatment
- Gel Polish Or Removal
- Natural Paraffin Hands Or Feet
- Intense Callus Remedy
- French Polish
Treat yourself to the gift of wellness. Healthy living is a joy that enriches life and opens new possibilities. Our expert team of health professionals can customize a health and wellness regimen that is tailored to your individual needs and help you obtain results and stay motivated.

FITNESS & WELLNESS ACTIVITIES

PRIVATE FITNESS ACTIVITIES

Personal Training (60 Minutes)
Yoga Session (60 Minutes)

Custom fitness experiences available. Please contact the Spa to arrange.
SPA SERVICES FOR MEN

Men's Hot Towel Face Treatment (55 Minutes)
This customized facial deeply cleanses, hydrates and smooths skin leaving your complexion instantly energized. Includes steam and hot towel wrap with relaxing face, shoulders, hands and arms massage. Shaving is not recommended prior to treatment.

Men's Foot Grooming (50 Minutes)
Relax, rejuvenate and renew with this pampering foot treatment. Enjoy a soak, exfoliation, mask and massage to provide tired and fatigued muscles relief.

Château Euphoria Massage (110 or 80 Minutes)
Recharge your body with this powerful massage designed to eliminate tension and muscular stress. Methods that may be integrated include Swedish, Deep Tissue, Hot Stone Therapy, Stretching and other therapeutic techniques.

110 minutes includes a Deluxe Scalp Treatment.
GUIDELINES

Scheduling Appointments
We suggest scheduling your spa appointments a minimum of two weeks prior to your visit. Overnight guests are responsible for arranging their spa appointments.

Please inform the Reservation Agent of the following:
- Allergies or medical conditions including pregnancy.
- If you have a gender preference for your Service Provider.
  *Gender preferences are based on availability and are not guaranteed.*
- If you have a request for a specific Service Provider.
- If you are celebrating any special occasions.

Arrival Time
Please arrive at least 30 minutes prior to your scheduled treatment. This will allow time to enjoy the lounge, sauna, steam room, whirlpool, and indoor pool. Arriving late will limit the time for your treatment, thus decreasing its effectiveness and your enjoyment. Your treatment will end on time so the next guest is not delayed. The full value of your treatment will be charged.

Dining
We offer the finest and freshest cuisine at the Fleur De Lis Restaurant. Dietary preferences are available upon request. Lunch may be added a la carte to any service.

Shaving
Shaving is not recommended prior to body treatments.
During Your Visit

Your spa experience is your time, and you should delight in it to the fullest. If you experience discomfort due to room temperature, massage pressure, music volume or any other conditions, please notify your therapist immediately.

To assure your safety and comfort, the spa therapist will complete a brief health evaluation prior to your treatment. We encourage you to disclose any health conditions that may affect your spa experience. You must be past your 13th week of pregnancy to receive a massage.

What to Bring

You will be provided with a luxurious robe and slippers during your stay. Undergarments are not necessary under your robe, but you may wear them if you wish. Please wear whatever is comfortable for you. Our therapists are trained to ensure your privacy at all times.

Please bring your swim suit and work out attire if you wish to enjoy any hydro treatments, indoor pool, hot tub, or workout facilities and fitness classes. Clothing is optional in our separate his and her eucalyptus steam rooms and dry sauna. We cannot be responsible for any personal items and/or valuables brought into the spa or left in your locker. Please leave your valuables at home or in your room safe if staying overnight.

Age Requirements

The Spa at Château Élan is an adult sanctuary available to guests of 18 years of age or older. Minors 13 and above may enjoy certain treatments if accompanied by a guardian but do not have access to facilities.