



Château Élan Spa



A Beguiling Setting for a Well Deserved Sojourn

Quiet, romantic, serene. The fragrant aroma of lavender. The luscious scent of herbal lotion. Indulgent sensory treatments to refresh and rejuvenate the body, mind and soul. This is the Chateau Élan Spa. Celebrated as Atlanta's only spa destination experience for both women and men. Here in a French country mansion by a sparkling lake, surrounded by a canopied forest of trees, emerald green lawns and flowering shrubs is nature at her most beguiling. The Spa has its own kitchen where the chef develops gourmet menus with healthy appetizing fare, beautifully prepared and served in the lovely Fleur-de-Lis dining room.

Serenity, Energy, Tantalizing, Romanticizing

In a secluded enclave by a small lake stands a haven for the pure indulgence of serenity, practical healing and revitalization. The haven is the Spa at Chateau Élan located just 40 minutes north of Atlanta, but a world away from the bustle of the city. It is here, within the tranquil ambience of a French country mansion that Spa guests may escape from the stress of business or daily life to luxuriate in an array of healthful treatments and soothing therapies.



HOW TO GET TO THE SPA

A shuttle service is provided to and from the Hotel as well as to any other outlets on property. A short, scenic path to the Spa is located in the rear of the conference center.

CHECK-IN POLICY

Please check in at the Spa concierge desk 30 minutes prior to your first scheduled appointment. If you are using a gift certificate, please bring it with you. It is important that you present it when registering at the Spa concierge desk. Late arrivals may not receive an extension of scheduled treatments, so as not to inconvenience other spa guests. For your comfort, we ask that you shower before any body service such as a massage, wrap or salt glow.

After checking in with the Spa Concierge you will be directed to our Robe and Key desk where an attendant will offer you a Robe, Slipper and a key for a personal locker. A tour of the amenities, waiting areas, and locker rooms is provided as well.



WHAT TO BRING

Workout clothes, athletic shoes, bathing suit, swim cap, and a piece of pleasure reading is recommended for our guests to bring with them so that they may be prepared to enjoy our full spa experience.. We supply lockers, robes and slippers during your stay at the Spa. As is customary, no jewelry is worn during services. We recommend you leave jewelry and other valuables at home. The atmosphere is casual and comfortable. We do ask that personal cell phones remained turned off and in your locker for the duration of your stay to insure a relaxing spa experience for you and the rest of the guests.

AGE REQUIREMENT

The Spa is an adult-oriented environment. Children under the age of 18 are not permitted to receive spa services, use spa facilities, or stay in Spa guest rooms.

FACILITIES

Please feel free to use ALL the spa facilities including;

- Sauna & Steam in both the Men's and Ladies Locker Rooms
 - Co-Ed Whirlpool Jacuzzi
 - In-door resistance pool
- Wellness Center and fitness equipment

Fitness Classes held in our Wellness Center are complimentary to our Spa guests. Our fitness instructors offer everything from Relaxation & Light Meditation to Yoga, Pilates, Strength Training, Aerobics and Water Aerobics. Class schedules are posted in the Wellness Center as well as outside the Ladies Locker room.

RESTAURANT

Complimentary afternoon tea served in the spa lobby from 4pm – 5:30pm, this includes herbal tea, herbal coffee, fruit and pastries. In addition, our intimate restaurant is open for breakfast (7:00 am to 10:30am) and lunch (11:30am to 2:30pm). Reservations are required to avoid disappointment.

For a complete listing of Spa Services, basic descriptions, and pricing, please refer to the below information. To all services a 22% gratuity and 7% sales tax will apply.

NAIL CARE:

Spa Citrus Manicure (25 minutes) ~ \$35

Spa Marine Pedicure (40 minutes) ~ \$45

Warm Milk & Petals Pedicure (50 minutes) ~ \$60

Gentlemen's Pedicure (45 minutes) ~ \$50

Cabernet Hot Stone Manicure w/ Paraffin (50 minutes) ~ \$45

Cabernet Hot Stone Pedicure w/ Paraffin (50 minutes) ~ \$65

Champagne & Chocolate Caviar Manicure (50 minutes) ~ \$50

Champagne & Chocolate Caviar Pedicure (50 minutes) ~ \$70

MASSAGE THERAPY:

Château Ultimate Hot Stone Massage (80 minutes) ~ Mon-Thur \$155 / Fri-Sun \$165

Massage Therapy taken a step above; melt into the comfort and soothing heat from river-worn stones, as they become extensions of your therapist's hands.

Château Ultimate Spa Massage (80 minutes) ~ Mon-Thur \$145 / Fri-Sun \$155

This full body massage flows with rhythmic grace and is both powerful and gentle simultaneously. As well as being a tonic for the soul, it can help to improve healthy functioning of the circulatory, lymphatic, muscular and nervous systems.

Château Wellness Massage (80 minutes) ~ Mon-Thurs \$155 / Fri-Sun \$165

Your signature treatment! You and your therapist will design a session focused on your unique needs.

Modalities that may be integrated in this customized therapy can include Swedish, Deep Tissue, Hot Stone Therapy, Reflexology, Stretching, and other therapeutic techniques as your therapist sees fit.

Château Deep Tissue Massage (50 minutes) ~ Mon-Thur \$100 / Fri-Sun \$110

Using a variety of techniques, this massage affects the deeper muscle fibers of the body. It helps with chronic muscular pain, injury rehabilitation, and reduces inflammation-related pain. **Please note, this is typically not a full body massage - the focus is on key areas. Not recommended for a first time massage.

Château Hot Stone Massage (50 minutes) ~ Mon-Thur \$105 / Fri-Sun \$115

Utilizing Swedish massage techniques, Hot Stone Massage is the application of deep penetrating warmth with smooth heated stones. Muscle tension is melted away and you will experience peacefulness and relaxation from the stone's healing energies.

Château Spa Massage (50 minutes) ~ Mon-Thur \$90 / Fri-Sun \$100.

This classic massage utilizes long strokes and kneading to improve muscle tone, stimulate circulation and relax the entire body. This is a perfect massage for those who have never experienced a massage.

Neck, Back, and Shoulder Massage (25 minutes) ~ Mon-Thur \$50 / Fri-Sun \$55

An introduction to massage. Perfect for relieving your body of tension, releasing tightness or to re-energize.

Ultimate Foot Therapy (25 minutes) ~ Mon-Thur \$55 / Fri-Sun \$60

Utilizing reflexology and massage techniques, this massage concentrates on the feet to reduce stress and tension and to restore the natural flow of energy in the body. Great stress reliever for golfers or after a long day of meetings!

Ultimate Hand Therapy (25 minutes) ~ Mon- Thur \$55 / Fri-Sun \$60

Therapy to treat workplace woes such as "Blackberry Thumb", "Tech Neck" or even discomfort from chatting on a cell phone. This massage features deep muscle pressure intended to relax the shoulders, neck, arms, and hands.

SKIN CARE TREATMENTS:

Château Refresher Facial (25 minutes) Mon-Thur \$50 / Fri-Sun \$55

An ultra-gentle cleansing is performed followed by your personalized mask and a massage with a multi-vitamin gel to bring an instant radiant glow to the skin, leaving it supple, soft and luminous.

Château Signature Facial (55 minutes) Mon-Thur \$90 / Fri-Sun \$100

Start with an in depth analysis of your skin type and needs, followed by an exfoliation, steam, nourishing treatment masque and finishing crème, based your specific skin needs. A heated hand treatment and relaxing face and neck massage are also included. Pore extractions are optional. Great for those who have never had a facial or it has been some time since the last facial.

Reveal Anti-Aging Peel (55 minutes) Mon-Thur \$125 / Fri-Sun \$135

A revolutionary professional peel that provides dramatic and visible results. Lightens and brightens complexion overall by 35%, reduces redness, smoothes texture to reveal softer skin, and deeply hydrates. After 6 treatments, clinical studies prove 26% reduction in fine lines and wrinkles, 20% reduction in hyper-pigmentation, and 35% improvement in overall skin appearance. *Series of 6 recommended / Purchase 5 get 6th treatment free.

Château Ultimate Experience Facial (80 minutes) Mon-Thur \$145 / Fri-Sun \$155

Start with an in-depth analysis of your skin type and needs, followed by an exfoliation, steam, nourishing treatment masque and finishing crème all based your specific skin needs. Enhanced by a heated hand treatment and relaxing face and neck massage. Pore extractions are optional.

Microdermabrasion Treatment (25 minutes) Mon-Thur \$90 / Fri-Sun \$95

It is the ultimate advancement in non-invasive, non-surgical skin conditioning. This gentle abrasive technique efficiently produces noticeable results. After several treatments, acne scars will be less obvious and age spots and fine lines will be erased. Your skin will be softer, smoother and younger looking. This facial is not recommended for all skin types. *Series of 6 recommended / Purchase 5 get 6th treatment free.

Glycolic Peel (25 Minutes) Mon-Thur \$65 / Fri-Sun \$70

A potent chemical blend of Glycolic, Lactic, Malic, Tartaric, Citric, and Salicylic Acids which gently and effectively exfoliate the skin's outer layer so that fresh, new skin is revealed. This treatment is not recommended for all skin types. *Series of 6 recommended / Purchase 5 get 6th treatment free.

Men's Luxury Facial (55 minutes) Mon-Thur \$90 / Fri-Sun \$100

A complete facial specifically designed with men in mind. This wonderful facial will prevent or relieve razor burn, sensitivity and folliculate. It includes a symphony of fragrance and extracts to target a man's needs.

Spa Teen Facial (50 minutes) Mon-Thur \$80 / Fri-Sun \$90

Starts with a skin analysis, cleansing, a facial massage and a specialized mask. Our Estheticians will teach your teen how to keep skin clean, healthy and youthful.

Purifying Facial (55 Minutes) Mon-Thur \$110 / Fri-Sun \$120

Acne appears in various types and stages. With active teamwork, this successful treatment can combat this devastating skin condition and put you on the road to re-balancing congested skin.

Anti-Aging Treatment (55 minutes) Mon-Thur \$110 / Fri-Sun \$120

A deeply nourishing facial treatment designed to strengthen and firm the skin while enhancing the skin's natural moisture barrier. The fine lines are reduced and elasticity is restored.

Antioxidant Winery Facial (55 minutes) Mon-Thur \$90 / Fri-Sun \$100

Beauty begins with nature and cleansing and with grape seed extract. Exfoliating with pure, natural grape seeds for neutralizing free radicals, a Rosehip Grape Seed Mud Mask for deep hydration and silky smooth skin.

BODY EXFOLIATIONS:

Salt Glow (35 minutes) Mon-Thur \$85 / Fri-Sun \$95

Using a blend of sea salts and mineral salts, combined with essential oils for stress relief, this body exfoliation will recreate the skin you were born with. Afterwards, the skin will be re-hydrated with a rich body moisturizer.

St. Barth Softness (35 minutes) Mon-Thur \$85 / Fri-Sun \$95

A Relaxing exfoliant massage for velvety soft smooth skin. Dead cells are scrubbed away with the fruit enzymes in fresh papaya, natural yogurt and a special sea sand complex. Pure coconut oil provides lasting care for the skin while pampering it with valuable nutrients.

The Winery Harvest Crush (50 minutes) Mon-Thur \$90 / Fri-Sun \$100

A natural body defoliant that gently sloughs the dead skin away while leaving healthy grape seed oil on the body to moisturize and rebuild the skin. As it evens out complexion and pigmentation, the skin absorbs the benefits of the natural grape seed oil so rich in vitamin E, C and antioxidants.

BODY TREATMENTS:

Herbal Linen Wrap (35 minutes) Mon-Thur \$75 / Fri-Sun \$85

Begin the warming process by using the steam room or sauna. Next, your body is wrapped in sheets that have been steamed in a fragrant blend of therapeutic herbs to draw out impurities and release tension. This wrap is ideal for relieving stiff muscles and joints.

St. Barth Sensation (50 minutes) Mon-Thur \$120 / Fri-Sun \$130

An intensive hydrating body pack to improve the appearance and elasticity of the skin's surface, an island mini-facial is performed while you are wrapped which results in a delicious smelling, silky, glowing skin.

Château Winery Ritual (110 minutes) Mon-Thur \$250 / Fri-Sun \$260

Infuse the body with the antioxidant power of grape seeds! Start with the relaxing Antioxidant Winery Bath, then experience an aromatherapy delight with our Cabernet Passion Fruit Grape Seed exfoliating scrub, warm Cabernet Passion Fruit Mud is applied all over to regenerate the skin, we finish with CPF Body Butter for the ultimate in hydration -- truly a gift from Mother Earth!

Seasonal Ritual (110 minutes) Mon-Thur \$275 / Fri-Sun \$275

Infuse the body in an aromatic Cranberry bath, then rejuvenate with our Oatmeal Pumpkin Walnut Scrub that is sure to leave you skin silky soft. Pumpkin is best known for its high concentration of Beta-Carotene and Vitamin E -- Two very important antioxidant agents to fight the effects of aging. Our Pumpkin Body Masque provides the ultimate stimulation cellulite reduction therapy while our Pumpkin Body Butter leaves your skin with improved lift and moisture-balance.

Coconut Paraffin Body Masque (80 minutes) Mon-Thur \$125 / Fri-Sun \$135

A skin pampering experience to moisturize the entire body. The dry-bushing exfoliation removes dead skin layers and stimulates circulation, followed by an application of pure coconut oil and papaya green tea with a soothing wrap in warmed paraffin wax. This treatment is excellent for sore muscles or for excessive dry skin.

De-Vine Mud Body Wrap (80 minutes) Mon-Thur \$140 / Fri-Sun \$150

A combination of crushed grape seeds and French clay to pull toxins while moisturizing naturally with the penetrating oil from the seeds so high in vitamins E and C. It is the perfect way to regenerate the skin, leaving it revitalized - truly a gift from Mother Earth. A great treatment for problem areas or a once a month deep cleansing.