



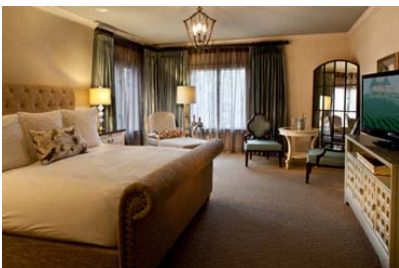
## Château Élan Spa

### **A Beguiling Setting for a Well Deserved Sojourn**

Quiet, romantic, serene. The fragrant aroma of lavender. The luscious scent of herbal lotion. Indulgent sensory treatments to refresh and rejuvenate the body, mind and soul. This is the Chateau Élan Spa. Celebrated as Atlanta's only spa destination experience for both women and men. Here in a French country mansion by a sparkling lake, surrounded by a canopied forest of trees, emerald green lawns and flowering shrubs is nature at her most beguiling. The Spa has its own kitchen where the chef develops gourmet menus with healthy appetizing fare, beautifully prepared and served in the lovely Fleur-de-Lis dining room.

### **Serenity, Energy, Tantalizing, Romanticizing**

In a secluded enclave by a small lake stands a haven for the pure indulgence of serenity, practical healing and revitalization. The haven is the Spa at Chateau Élan located just 40 minutes north of Atlanta, but a world away from the bustle of the city. It is here, within the tranquil ambience of a French country mansion that Spa guests may escape from the stress of business or daily life to luxuriate in an array of healthful treatments and soothing therapies.



### **The Spa Suites at Chateau Élan**

Newly renovated! The Spa Suites furnishings are unlike what you are accustomed to, as they appear to have been carefully selected and acquired over time. The room invites you to put up your feet, rest, and relax. The room's bathroom is like a mini spa in itself. Calming textured wall coverings, watery glass tiled walls, deep pedestal airjet tubs and large glass showers

with Raindance 10" showerheads welcomes you to relax in its tranquility.

### **HOW TO GET TO THE SPA**

A shuttle service is provided to and from the Hotel as well as to any other outlets on property. A short, scenic path to the Spa is located in the rear of the conference center.

### **CHECK-IN POLICY**

*Please check in at the Spa concierge desk 30 minutes prior to your first scheduled appointment. If you are using a gift certificate, please bring it with you. It is important that you present it when registering at the Spa concierge desk. Late arrivals may not receive an extension of scheduled treatments, so as not to inconvenience other spa guests. For your comfort, we ask that you shower before any body service such as a massage, wrap or salt glow.*

After checking in with the Spa Concierge you will be directed to our Robe and Key desk where an attendant will offer you a Robe, Slipper and a key for a personal locker. A tour of the amenities, waiting areas, and locker rooms is provided as well.

### **WHAT TO BRING**

Workout clothes, athletic shoes, bathing suit, swim cap, and a piece of pleasure reading is recommended for our guests to bring with them so that they may be prepared to enjoy our full spa experience. We supply lockers, robes and slippers during your stay at the Spa. As is customary, no jewelry is worn during services. We recommend you leave jewelry and other valuables at home. The atmosphere is casual and comfortable. We do ask that personal cell phones remain turned off and in your locker for the duration of your stay to insure a relaxing spa experience for you and the rest of the guests.

### **AGE REQUIREMENT**

The Spa is an adult-oriented environment. Children under the age of 18 are not permitted to receive spa services, use spa facilities, or stay in Spa guest rooms.

### **FACILITIES**

Please feel free to use ALL the spa facilities including;

- Sauna & Steam in both the Men's and Ladies Locker Rooms
- Co-Ed Whirlpool Jacuzzi
- In-door resistance pool
- Wellness Center and fitness equipment

Fitness Classes held in our Wellness Center are complimentary to our Spa guests. Our fitness instructors offer everything from Relaxation & Light Meditation to Yoga, Pilates, Strength Training, Aerobics and Water Aerobics. Class schedules are posted in the Wellness Center as well as outside the Ladies Locker room.

### **RESTAURANT**

Complimentary afternoon tea served in the spa lobby from 4pm – 5:30pm, this includes herbal tea, herbal coffee, fruit and pastries. In addition, our intimate restaurant is open for breakfast (7:00 am to 10:30am) and lunch (11:30am to 2:30pm). Reservations are required to avoid disappointment.

**For a sample listing of Spa Services, basic descriptions, and pricing, please refer to the below information. Our website at [www.chateauelan.com/](http://www.chateauelan.com/) is our resource available to you for a complete spa service menu with prices, service descriptions, and duration of services. To all services a 20% gratuity and 7% sales tax will apply.**



## **MASSAGE THERAPY:**

**Château Couples Hot Stone Massage** (80 minutes) ~ Mon-Thur \$325 / Fri-Sun \$345

Stone Massage is designed to balance the emotional, mental, physical, and spiritual spheres of your being. Share this relaxing experience while two therapists simultaneously deliver a Château Hot Stone Massage.

**Château Ultimate Couples Massage** (80 minutes) ~ Mon-Thur \$300 / Fri-Sun \$320

Looking for the most luxurious massage available? Double your pleasure as you enjoy a massage together with your favorite companion in the privacy of our deluxe couples room.

**Couples Massage** (50 minutes) ~ Mon-Thur \$200 / Fri-Sun \$220

Enjoy a couples massage in our couples treatment room with candles, rose petals and a sumptuous massage oil to complete this heavenly experience.

**Château Aromatherapy Massage Experience** (110 minutes) ~ Mon-Thurs \$210 / Fri-Sun \$230

This therapeutic treatment starts with an invigorating Salt Glow to exfoliate dry skin cells and improve circulation. Then relax with a gentle rinse in one of our rain showers. This is followed by a customized Aromatherapy Full Body Massage using natural essential oils to enhance relaxation through the sense of smell, touch, and skin absorption of the oils to soothe internally.

**Château Ultimate Hot Stone Massage** (80 minutes) ~ Mon-Thur \$155 / Fri-Sun \$165

Massage Therapy taken a step above; melt into the comfort and soothing heat from river-worn stones, as they become extensions of your therapist's hands.

**Château Wellness Massage** (80 minutes) ~ Mon-Thurs \$155 / Fri-Sun \$165

Your signature treatment! You and your therapist will design a session focused on your unique needs. Modalities that may be integrated in this customized therapy can include Swedish, Deep Tissue, Hot Stone Therapy, Reflexology, Stretching, and other therapeutic techniques as your therapist sees fit.

**Château Ultimate Spa Massage** (80 minutes) ~ Mon-Thur \$145 / Fri-Sun \$155

This full body massage flows with rhythmic grace and is both powerful and gentle simultaneously. As well as being a tonic for the soul, it can help to improve healthy functioning of the circulatory, lymphatic, muscular and nervous systems.

**Château Deep Tissue Massage** (50 minutes) ~ Mon-Thur \$100 / Fri-Sun \$110

Using a variety of techniques, this massage affects the deeper muscle fibers of the body. It helps with chronic muscular pain, injury rehabilitation, and reduces inflammation-related pain.

\*\*Please note, this is typically not a full body massage - the focus is on key areas. Not recommended for a first time massage.

**Château Hot Stone Massage** (50 minutes) ~ Mon-Thur \$105 / Fri-Sun \$115

Utilizing Swedish massage techniques, Hot Stone Massage is the application of deep penetrating warmth with smooth heated stones. Muscle tension is melted away and you will experience peacefulness and relaxation from the stone's healing energies.

**Reflexology** (50 minutes) ~ Mon-Thur \$95 / Fri-Sun \$105

A unique method of using a type of compression massage on reflex areas (feet, hands, and ears), to stimulate the movement of energy and the nerve supply to the different body systems. At the same time thousands of nerve endings in the feet are energized, thus enhancing the activity of the body via the nervous system.

**Château Spa Massage** (50 minutes) ~ Mon-Thur \$90 / Fri-Sun \$100.

This classic massage utilizes long strokes and kneading to improve muscle tone, stimulate circulation and relax the entire body. This is a perfect massage for those who have never experienced a massage.

**Château Pregnancy Massage** (50 minutes) ~ Mon-Thur \$90 / Fri-Sun \$100.

*After 1st Trimester.*



## **SKIN CARE TREATMENTS:**

**Château Ultimate Couples Facial** (80 minutes) ~ Mon-Thur \$300 / Fri-Sun \$320

Share this ethereal experience while two therapists simultaneously deliver our Ultimate Experience Facial. A rejuvenating treatment for all skin types. An indulgent hand and arm massage, a relaxing face, neck and shoulder massage, plus a pampering foot treatment will leave you in a state of bliss!

**Pure Oxygen Facial plus Microdermabrasion** (80 minutes) ~ Mon-Thur \$225 / Fri-Sun \$235

This facial uses the amazing exfoliation powers of the microdermabrasion machine to polish the skin, then infuses pure oxygen into the deep layers of the skin to plump, firm and nourish the cells. Series of 6 recommended. Get 6th treatment free.

**Microdermabrasion Treatment with Facial** (55 minutes) ~ Mon-Thur \$175 / Fri-Sun \$185

It is the ultimate advancement in non-invasive, non-surgical skin conditioning. This gentle abrasive technique efficiently produces noticeable results. Your skin will be softer, smoother and younger looking. This facial is not recommended for all skin types. \*Series of 6 recommended / Purchase 5 get 6th treatment free.

**Château Ultimate Experience Facial** (80 minutes) Mon-Thur \$145 / Fri-Sun \$155

The ultimate in luxury! 80 minutes of sheer bliss for the person looking for relaxation and results. First, your therapist will perform a thorough skin analysis and consultation, followed by an expert deep cleanse and exfoliation of the face, neck and décolleté. We continue the flow with an indulgent hand and arm massage, followed with heated mittens. Your worries will melt away during a heavenly massage of the face, neck, shoulders, and décolleté. A customized mask is then applied, at which time your lower legs and feet will be pampered. Finally, a scalp treatment ends this service, leaving you in a state of bliss – Ultimate Effectiveness and Ultimate Feel!

**Pure Oxygen European Facial** (55 minutes) ~ Mon-Thur \$145 / Fri-Sun \$155

Harnessing the power of pure oxygen, the classic European facial is made even better. An enzyme mask, a powerful cocktail of serums, a hydrating mask and the double oxygen application luminates the skin. Series of 6 recommended. Get 6th treatment free.

**Anti-Aging Peel with Facial** (55 minutes) Mon-Thur \$125 / Fri-Sun \$135

A lunchtime peel chosen just for your skin, whether you are working towards reducing fine lines, increasing hydration, healing acne, or eliminating hyperpigmentation. Most skin types will have no downtime from this light peel, but results are remarkable when done in a series!

**Specific Solutions Facial** (55 minutes) Mon-Thur \$110 / Fri-Sun \$120

Does your skin need special care? Are you sensitive and feel you can't handle a full facial? Is your skin dehydrated and desperately seeking moisture? Do you struggle with acne and nothing has helped so far? Or, are you seeking younger-looking skin? Let us use the highest quality professional products specifically designed to remedy these problems and actually get you results.

**Antioxidant Winery Facial** (55 minutes) Mon-Thur \$90 / Fri-Sun \$100

Revitalize your skin with the essence of the vine! Loaded with antioxidants and other nutrients that replenish the skin, the tissue becomes smooth while your circulatory system is stimulated by the grapes' active elements. The sweet, sensual bloom is good to your skin and refreshing for your mind. Paraben free, chirally correct – a true spa experience with medical grade results!

**Men's Hot Towel Treatment** (55 minutes) Mon-Thur \$90 / Fri-Sun \$100

Introduce your man to our best kept Spa secret. This customized facial will focus exclusively on the special needs of men's skin. He will enjoy being enveloped in steam and hot towel wraps while receiving a relaxing massage of the face, shoulders, hands and arms. A great way to soothe away the stresses from sun and shaving. It is recommended not to shave prior to this treatment.

**Spa Teen Facial** (50 minutes) Mon-Thur \$80 / Fri-Sun \$90

*\*\*For ages 13-18*

Starts with a skin analysis, cleansing, a facial massage and a specialized mask. Our Estheticians will teach your teen how to keep skin clean, healthy and youthful.

## **BODY EXFOLIATIONS:**

**Salt Glow** (35 minutes) Mon-Thur \$85 / Fri-Sun \$95

Using a blend of sea salts and mineral salts, combined with essential oils for stress relief, this body exfoliation will recreate the skin you were born with. Afterwards, the skin will be re-hydrated with a rich body moisturizer.

**The Winery Harvest Crush** (45 minutes) Mon-Thur \$90 / Fri-Sun \$100

A natural body defoliant that gently sloughs the dead skin away while leaving healthy grape seed oil on the body to moisturize and rebuild the skin. As it evens out complexion and

pigmentation, the skin absorbs the benefits of the natural grape seed oil so rich in vitamin E, C and antioxidants.



## **BODY TREATMENTS:**

**Herbal Linen Wrap** (35 minutes) Mon-Thur \$75 / Fri-Sun \$85  
Begin the warming process by using the steam room or sauna. Next, your body is wrapped in sheets that have been steamed in a fragrant blend of therapeutic herbs to draw out impurities and release tension. This wrap is ideal for relieving stiff muscles and joints.

**Château Winery Ritual** (110 minutes) Mon-Thur \$250 / Fri-Sun \$260

Infuse the body with the antioxidant power of grape seeds! Start with the relaxing Antioxidant Winery Bath, then experience an aromatherapy delight with our Cabernet Passion Fruit Grape Seed exfoliating scrub, warm Cabernet Passion Fruit Mud is applied all over to regenerate the skin, we finish with CPF Body Butter for the ultimate in hydration -- truly a gift from Mother Earth!

**DeVine Mud Body Wrap** (80 minutes) Mon-Thur \$140 / Fri-Sun \$150

A combination of crushed grape seeds and French clay to pull toxins while moisturizing naturally with the penetrating oil from the seeds so high in vitamins E and C. It is the perfect way to regenerate the skin, leaving it revitalized - truly a gift from Mother Earth. A great treatment for problem areas or a once a month deep cleansing.

**Paraffin Bliss Body Masque** (80 minutes) Mon-Thur \$125 / Fri-Sun \$135

A skin pampering experience to moisturize the entire body. The dry-bushing exfoliation removes dead skin layers and stimulates circulation, followed by an application of Lavender Grape Seed Oil, then we finish this luxurious treatment with a soothing wrap of warmed Lavender paraffin wax. This treatment is excellent for sore muscles or for excessive dry skin.